

# Example of Proximal & Distal Outcomes

## Steps to Respect Logic Model

### Intervention Components

#### CLASSROOM LESSONS

- Friendship & Social Skills
- Assertiveness & Bullying Refusal Skills
- Emotion Management Skills
- Help Seeking Skills
- Education on Positive Bystander Behaviors
- Increased Empathy
- Increased Bullying Awareness

#### STAFF TRAINING AND MATERIALS

- Anti-Bullying Policy
- Reporting & coaching procedures
- Increased staff awareness and monitoring

### Proximal Outcomes

#### INDIVIDUAL

- Improved Social Competence
- Increased Social Connections
- Decreased Peer Rejection
- Decreased Vulnerability to Bullying

#### PEER

- Increased Positive Bystander Behavior
- Decreased Support for Bullying
- Increased Willingness to Intervene in Bullying
- Increased Willingness to Support Bullied Students

#### SCHOOL

- Increased Reporting of Bullying
- Increased Staff Willingness to Intervene in Bullying
- Improved School Norms Regarding Bullying
- Coaching for Students who Bully and are Bullied

### Distal Outcomes

- Reduced Bullying and Victimization

- Improved School climate

- Increased School Connectedness